

## Mains

**Chicken Party Bowl, \$10.45**

Slow-braised chicken over rice pilaf, with Asian-inspired BBQ sauce and house-made fruit pico de gallo

**Famous Techie Cheeseburger \* , \$13.95**

With cheddar, lettuce and tomato; and a side of french fries

\* 1/3 pound beef chuck, ground turkey OR house-made spiced black bean patty (vegetarian)

\* substitute gluten-free bun (add \$1.00)

**Hot Dog Combo , \$9.50**

Classic all-beef hot dog with a side of french fries

**Spicy Turkey Melt, \$9.50**

Hickory turkey, provolone, sliced cherry peppers, sriracha herb spread on a wheat deli roll

**Caprese Panini, \$8.50**

Fresh mozzarella, basil pesto & sliced tomato on a soft deli roll

**Thai Panini, \$9.95 / \$8.95**

Hoisin-marinated chicken OR tofu with Asian-inspired BBQ sauce and house-pickled crunchy veg

**Tuna-Cheddar Melt, \$9.25**

On a crisped wheat deli roll

**Grilled Cheese, \$7.95**

On country white bread

## Staff Favorites

**Chicken Tenders, \$9.25**

Served with french fries; choose a side sauce: ranch, honey mustard, ketchup or bbq

**Tomato-Basil Bisque, \$4.50 / \$7.25**

Cup or bowl, served with a wedge of focaccia

## Grab & Go Items

**A rotating variety of sandwiches, salads, AM and PM snacks from the cold case**

**Don't miss our seasonal, sustainable 'Balance Bowl'**

## Flatbread Pizzas

**BBQ Chicken, \$10.95**

Shredded chicken, house BBQ sauce, mozzarella and thinly sliced red onion

**Caprese, \$9.95**

Pesto sauce, mozzarella, cherry tomatoes and fresh basil

**Kids' Classic Cheese, \$8.95**

## Sides / Snacks

**French Fries, \$2.95 / \$4.95****Bagged Chips, \$2.00****House-Baked Cookies, \$2.50**

## Beverages

**Assorted bottled drinks, \$varies****Italian Soda, \$3.50**

Your favorite flavor with sparkling water and a splash of cream (optional)

**Blueberry-Mint Iced Tea, \$3.25 / 4.00****Plain Iced Tea, \$2.75 / \$3.50****Espresso Bar, \$varies**

## Breakfast

**Breakfast Burrito, \$6.50**

Bacon, hash browns, onion, jalapeño and cheddar

**Breakfast Sammy, \$5.50**

Toasty English muffin packed with a fried egg, cheddar and bacon

**Great Start Granola, \$5.95**

Fresh fruits, house-made granola & honey-swirled yogurt (*gluten free*)